



CalvertHealth™

## *Community Wellness Oncology Nutrition Services*

### Our Mission

CalvertHealth Community Wellness is here to meet you where you are. Our partnership with oncology focuses on nutrition and hydration needs throughout the continuum of cancer care, including prevention, diagnosis, treatment, survivorship and palliative care.

### Nutrition Services

Cancer treatment can alter your nutritional health. Our registered dietitian:

- ◆ Can give information and practical strategies to help you combat both emotional and physical stresses that come with cancer.
- ◆ Is uniquely trained to address nutrition and hydration challenges.
- ◆ Can offer helpful advice to keep your body nourished throughout treatment.
- ◆ Can help you make changes in your diet so you can feel your best and achieve a healthy weight after treatment.

Nutrition services are provided on-site and by referral.

**CALL FOR INFORMATION:**

**410-535-8233 or email**

**[Community.wellness@calverthealthmed.org](mailto:Community.wellness@calverthealthmed.org)**

